

## Orthopedic and Post-Surgical Aftercare

- Personalized care plans with surgeon-specific protocols to support recovery after joint replacements, fractures, or orthopedic surgeries.
- Pain management and medication administration under clinical supervision.
- DME training to improve patient confidence and recovery outcomes.
- Wound care, dressing changes, and infection monitoring.
- Physical therapy to improve strength, flexibility, and range of motion.
- Education on post-surgical precautions, self-care techniques, and fall prevention strategies.
- Support with daily activities to promote a safe and comfortable recovery at home.



**Supporting your** health journey with care, compassion, and dignity—every step of the way.

Contact us today to learn how we can assist you or your **loved one**.

801-997-9496

**Making Each Moment Matter** 



**Utah County** 2901 West Bluegrass Blvd., Lehi, Utah 84043 Salt Lake County 428 East Winchester St., Murray, Utah 84107



In alignment with federal civil rights laws, we ensure that no individual is excluded from participation in, denied the benefits of, or subjected to discrimination under any of our health programs and activities on the grounds of race, color, national origin, age, disability, or sex.



## **Home Health Services**

- Comprehensive medical care provided in the comfort of your home.
- Skilled nursing services for medication management, wound care, infusion therapy, diabetic management, catheter care, health assessments, and more.
- Physical, occupational, and speech therapy to support rehabilitation and recovery.
- Assistance with daily living activities including bathing, dressing, and other selfcares.
- Education to patient and their family on how to manage care independently.
- Collaboration with physicians and other healthcare providers to ensure seamless care.

## **Palliative Care**

- Specialized medical care focused on improving quality of life for individuals with serious illnesses.
- Can be provided alongside curative treatments at any stage of illness, not just at the end of life.
- Provides relief from symptoms while continuing treatments or navigating the challenges of illness.
- Involves coordination of care among healthcare providers.
- Helps patients understand their condition, explore treatment options, and make informed decisions based on their goals and values.
- Provides guidance and emotional support for family and/or caregivers.



"Hospice helps people **live** the best that they can, within the confines that their body and disease has put them in."

-Barbara Karnes

- Compassionate, patient-centered care focused on comfort and quality of life for individuals with terminal illnesses.
- Pain and symptom management to increase comfort and improve overall well-being.
- Emotional, spiritual, and psychological support for patients and their families through social workers, chaplains, and clinicians.
- Personalized care plans tailored to individual needs and wishes.
- 24/7 access to hospice care professionals for support and guidance.
- Coordination of care with physicians, caregivers, and other healthcare providers.
- Family and/or caregiver guidance, support, and education.
- Dedicated volunteer services offering companionship, respite care, and emotional support.
- Bereavement support and counseling for families.



